

LSVT LOUD[®]

Fact Sheet

LSVT LOUD is the first speech treatment with level 1 evidence and established efficacy for treating voice and speech disorders in people with **Parkinson disease (PD)** with application to other neurological disorders.

- The **LSVT** Programs have been developed and scientifically researched over the past 25 years with funding from the **National Institutes of Health**. **LSVT LOUD** outcome data have been published in a series of refereed articles in speech, otolaryngology and neurology journals.
- Research on **LSVT LOUD** has documented improved impact on multiple levels of functioning in people with **PD** following treatment including:
 - *Increased vocal loudness*
 - *Improved articulation and speech intelligibility*
 - *Improved intonation*
 - *Improvements in facial expression*
 - *Changes in neural functioning related to voice and speech*

LSVT LOUD is a standardized treatment protocol that is customized to the unique communication goals of each person across a range of disease severity and communication impairments.

- **LSVT LOUD** treatment consists of:
 - 1) 16 sessions: 4 consecutive days a week for 4 weeks
 - 2) Individual 1 hour sessions
 - 3) Daily homework practice
 - 4) Daily carryover exercises
- It is essential that **LSVT LOUD** treatment is *only* delivered by speech-language pathologists who are certified in this method.
- Over 24,000 speech therapists from 70 countries have been certified in **LSVT LOUD**.

Select References:

1. Ramig, L. O., Halpern, A., Spielman, J., Fox, C., & Freeman, K. (2018). Speech treatment in Parkinson's Disease: Randomized Controlled Trial (RCT). *Movement Disorders*, 1-15. <https://doi.org/10.1002/mds.27460>
2. Ramig, L., et al. (2001). Intensive voice treatment (LSVT[®]) for individuals with Parkinson disease: A two-year follow-up. *J. Neurology, Neurosurgery, and Psychiatry*. 71, 493-498.
3. Mahler LA, Ramig LO, Fox C. (2015). Evidence-based treatment of voice and speech disorders in Parkinson disease. *Curr Opin Otolaryngol Head Neck Surg*. 2015 Jun;23(3):209-15. PMID: 2594396615.

Research has been funded, in part, by the: National Institutes of Health-National Institutes on Deafness and Other Communication Disorders (NID-NIDCD) DC00976 and DC001150; and The Office of Education-National Institute for Disability and Rehabilitative Research (OE-NIDRR) Grants H133G00079 and H133G40108.

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